

# 3 Eggs All Day Pub & Grill

## BREAKFAST SPECIALS

ALL OUR BREAKFAST IS SERVED WITH THREE EGGS, HOME FRIES, THICK CUT TOAST AND FRESH FRUITS

- 3Eggs Breakfast Specials - 7:00am - 9:00am** ..... \$5.5  
Choice of Bacon, Ham, Sausage or Grilled Tomato
- 3eggs Breakfast Specials - 9:00am-11:00am** ..... \$7  
Choice of Bacon, Ham, Sausage or Grilled Tomato
- 3eggs Breakfast Specials - 11:00am to Close** ..... \$9  
Choice of Bacon, Ham, Sausage or Grilled Tomato

## 3Eggs Big Breakfast

**4 Eggs, 2 Ham, 2 Sausage, 2 Bacon, 2 Pancake, Baked Beans**  
UPGRADE YOUR PANCAKES TO FRENCH TOAST FOR \$2  
\$16

+ Sub Bacon or Sausage to Turkey or Chicken \$2 Sub Grilled Tomatoes for Avocado \$2 Sub Peameal bacon \$2 Sub Egg white \$2 Sub Omega or Free run \$2 Sub Home fries for French Fries \$1 Sub Home fries for Fruit bowl \$2.5 Sub Home fries for Grilled tomatoes (4) \$1.5 +

- 3 Eggs & 6oz Steak & more** ..... \$16.5  
Choice of 2 Bacon or 1 Ham or 2 Sausage

# BREAKFAST SPECIALS

ALL BREAKFAST SERVED WITH THREE EGGS, HOME FRIES, FRUITS

**Skinny Up** ..... \$14  
3 Turkey Bacon, 4 Grilled Tomato,  
English muffin

**3 Eggs Natasha** ..... \$17  
Poached eggs, Smoked Salmon  
served on two pancakes,  
Hollandaise sauce topped with sour  
cream

# OMELETTE SQUAD

ALL OMELETTES ARE SERVED WITH 3 EGGS, HOME FRIES, THICK CUT TOAST AND FRESH FRUITS

**Omelette of the Day** ..... \$10.5  
Ask your server for more detail

**Vegetarian** ..... \$14  
Broccoli, Red peppers, Mushrooms,  
Onions

**Frenchie** ..... \$16  
Caramelized onions, Brie cheese,  
Asparagus

**Spicy Omelette** ..... \$13  
Green chillies, Onions, Tomatoes

**Spanish** ..... \$15  
Bacon, Onion, Mozzarella cheese,  
Fiesta sauce

**Meat Lover** ..... \$16  
Bacon, Ham, Sausage, Steak

**Kosher Style** ..... \$15  
Turkey bacon, Grilled Eggplant,  
Pasteurized feta cheese, Onions

**Spinach & Feta** ..... \$14  
Baby spinach, Pasteurized feta  
cheese

**Greek** ..... \$13.5  
Black olives, Green pepper,  
Tomatoes, Onions, Pasteurised feta  
cheese

**Canadian** ..... \$14.5  
Bacon, Mushroom, Cheddar cheese

**Western** ..... \$14  
Ham, Green pepper, Onion

# CREATE YOUR OWN

**Create your own omelette for only** ..... \$10

Served with home fries, thick cut toast and fresh fruits

+ Each item \$1.50 **INGREDIENTS** Ham, Sausage, Bacon, Swiss, Peameal Bacon, Turkey Bacon,  
Smoked Kielbasa, Cheddar, Mozzarella, Marble cheese, Pasteurized feta cheese, Mushroom,  
Green Pepper, Red Pepper, Jalapenos, Tomato, Onion, Spinach, Asparagus, Hot banana peppers,  
Grilled zucchini, Grilled eggplant

## AROUND THE WORLD BENNY

THREE POACHED EGGS TOPPED ON ENGLISH MUFFIN SERVED WITH HOME FRIES AND FRESH FRUITS

**American** ..... \$14.5

Ham or bacon

**Polish** ..... \$17

Kielbasa Sausage

**Atlantic** ..... \$17.5

Smoked salmon

**French** ..... \$15.5

Montreal smoked meat

**Mexican** ..... \$15

Avocado

**Greek** ..... \$14

Asparagus

**Canadian** ..... \$15.5

Peameal bacon

**Italian** ..... \$13.5

Spinach & Mozzarella Cheese

**Kosher** ..... \$13.5

Turkey bacon

**Mediterranean** ..... \$13.5

Grilled zucchini, Eggplant, Tomato topped with Pasteurized feta cheese

**English** ..... \$13

English breakfast sausage

**Netherland** ..... \$14

Mushroom

## WAFFLE WORLD

ALL OUR WAFFLE IS TOPPED WITH WHIPPED CREAM AND ICING SUGAR

+ EXTRA WHIPPED CREAM \$2 ADD

STRAWBERRIES \$2

**The Nutter** ..... \$14.5

Nutella, Strawberry

**The Belgian** ..... \$12

Strawberry

**The Classic** ..... \$11

**Apple Fritter** ..... \$14.5

Caramelized cinnamon apples

## PANCAKES

ALL OUR THREE PANCAKES ARE TOPPED WITH ICING SUGAR

**Original** ..... \$10

**Strawberry** ..... \$14

**Blueberry** ..... \$14

**Chocolate Chip** ..... \$12

**Oreo** ..... \$14

**The Supreme** ..... \$13  
Blueberry, Strawberry, Banana

**3eggs Pancake** ..... \$15

3 Eggs, 2 Sausage, 2 Bacon, 3  
Pancake

## FRENCH TOAST

FOUR SLICES OF EGG LOFT TOPPED WITH CINNAMON AND ICING SUGAR

**The Classic** ..... \$13

**Rising Star** ..... \$15  
Glazed banana & Cinnamon

**Grandma's Special** ..... \$14

Caramelized Apple & Cinnamon

**Pineapple Upside Down** ..... \$15

Glazed Pineapple & Cinnamon

## EVERGREEN SALADS

AVAILABLE AFTER BRUNCH HOURS

**Garden** ..... S \$7.5    L \$9.5

Seasonal greens, Cucumber, Red  
onion, Tomato, Carrot  
+ Add Chicken \$5 Add 6oz Steak \$7

**Cesar** ..... S \$8    L \$11

Romaine lettuce, Bacon, Croutons,  
Parmesan cheese  
+ Add Chicken \$5 Add 6oz Steak \$7

**Greek** ..... S \$8    L \$11

Iceberg lettuce, Tomato, Red onion,  
Green peppers, Black olives,  
Pasteurized feta cheese  
+ Add Chicken \$5 Add 6oz Steak \$7

**Grilled Veggie** ..... \$16

Eggplant, Zucchini, Mushroom,  
Tomato, Red onion on a bed of  
mixed greens  
+ Add chicken \$5 Add 6oz steak \$7

**Cobb** ..... \$17

Bacon, Grilled chicken, Egg, Avocado,  
Black olive, Marble cheese, Red  
onion, Tomato served on a bed of  
iceberg lettuce

**Caprese** ..... \$12

Slices of Mozzarella cheese & Tomato  
dressed with basil and Balsamic  
reduction  
+ Add Chicken \$5 Add 6oz Steak \$7

**Spinach** ..... \$14.5

Roasted Red peppers, Portobello  
mushroom, Red onions served with  
Baby spinach, glazed with Balsamic  
reduction, topped with Capers and  
Pasteurization feta cheese  
+ Add Chicken \$5 Add 6oz Steak

# FIRE STARTERS

AVAILABLE AFTER BRUNCH HOURS

## French Onion Soup ..... \$8

Our home made soup is made with vegetarian broth and topped with Swiss cheese and served with Garlic bread

## Calamari ..... \$13

Served with Spicy Mayo

## Spinach Dip ..... \$12

Served with Pita bread

+ Extra pita (4) \$2

## Jalapeno Poppers (8pc) ..... \$10

Served with our special sauce and sour cream

## Chicken Wings

WING SAUCES Mild, Med, Hot, Suicide, Honey Garlic, BBQ, Jerk, Buffalo Butter Served with fries and ranch sauce

+ 8pc \$11 12pc \$14 16pc \$17 20pc \$21

## Nachos ..... \$13

Marble cheese, Tomato, Green Pepper, Black olives, Jalapeno

+ ADD GRILLED CHICKEN \$5 ADD CHILI \$4

ADD STEAK \$6

## Garlic Shrimp ..... \$14

Served with mushroom and red onions

# SANDWICHES

ALL OUR SANDWICHES ARE SERVED WITH YOUR CHOICE OF HOME FRIES OR FRIES

+ UPGRADE GARDEN SALAD \$3 UPGRADE

CEASAR SALAD \$3 UPGRADE ONION

RINGS \$2

## Tuna Melt ..... \$9

Choice of White, Brown or Rye, Cheddar Cheese

## Club House ..... \$15

Grilled chicken, Bacon, Guacamole, Swiss Cheese, Tomato

## 3 Eggs Cowboy ..... \$12.5

Ham, Onion, Green pepper, Cheddar cheese

## Grill Cheese ..... \$8

Choice of White, Brown or Rye, Cheddar Cheese

+ ADD BACON \$3 ADD HAM \$3.5 ADD

SAUSAGE \$3.5

## B.L.T ..... \$10

Choice of White, Brown or Rye, Bacon, Lettuce, Tomato

+ ADD FRIED EGG (2) \$2

## Reuben ..... \$15.5

Corned Beef, Sauerkraut, Swiss cheese, Thousand island or Mustard dressing served on Rye bread

**California Chicken** ..... \$15.5

Grilled chicken, Guacamole, Swiss cheese, Lettuce, Tomato, Caramelized onions served on a bun

**Crispy Chicken** ..... \$14.5

Breaded chicken, Special sauce, Lettuce served on a Burger bun

**Steak** ..... \$15

6oz steak, Caramelised onion, Swiss cheese, Mushroom served on Ciabatta bun

**3Eggs Healthy Sandwich** .... \$16

Grilled chicken, Fresh sliced avocado, Two fried eggs, Arugula served on a multigrain Ciabatta bun accompanied with your choice of Grilled tomato slices or garden salad

**Grilled Avocado** ..... \$13.5

Avocado, Swiss cheese served on a Rye bread

**Grilled Veggie** ..... \$13.5

Grilled zucchini, Eggplant, Tomato, Mushroom topped with Pasteurized feta cheese

**Fish on a bun** ..... \$14

Cod, Lettuce, Tomato, Tartar sauce served on Ciabatta bun

+ UPGRADE GARDEN SALAD \$3 UPGRADE CEASAR SALAD \$3 UPGRADE ONION RINGS \$2

**Spicy Grilled Chicken** ..... \$15

Grilled chicken, Baby spinach, Cheddar cheese, Tomato, Spicy sauce served on Rye bread

## BURRITOS

ALL BURRITOS ARE SERVED WITH YOUR CHOICE OF HOME FRIES OR FRIES

+ UPGRADE GARDEN SALAD \$3 UPGRADE CEASAR SALAD \$3 UPGRADE ONION RINGS \$2

**Mexican** ..... \$15.5

Fresh ground beef, Black beans, Celery, Carrot, Jalapenos, Cheddar cheese, Fiesta sauce

**Veggie** ..... \$14

Grilled zucchini, Eggplant, Tomato, Mushroom, Peppers, Caramelised onions, Pasteurised feta cheese drizzled with our Special sauce

**Breakfast** ..... \$14.5

Scrambled Eggs, Cheddar Cheese, Fiesta Sauce Choice of Kielbasa or Sausage or Turkey sausage or Bacon or Turkey bacon or Chicken bacon

## WRAPS

ALL OUR WRAPS ARE SERVED WITH YOUR CHOICE OF HOME FRIES OR FRIES

+ UPGRADE GARDEN SALAD \$3 UPGRADE CEASAR SALAD \$3 UPGRADE ONION RINGS \$2

<b>Tuna</b> .....	\$14
<b>Chicken Cesare Salad</b> .....	\$13
Grilled chicken, Bacon, Romaine lettuce, Parmesan cheese	
<b>CBC</b> .....	\$14.5
Breaded chicken, Bacon & Cheddar cheese drizzled with special sauce	
<b>Kosher</b> .....	\$14
Lettuce, Cucumber, Tomato, Black olive, Red onion, Pasteurized feta cheese drizzled with 3eggs sauce	

## BURGER SUSPECTS

OUR HOMEMADE BURGERS ARE SERVED WITH LETTUCE, TOMATO, RED ONION AND PICKLE WITH YOUR CHOICE OF HOME FRIES OR FRIES

+ UPGRADE GARDEN SALAD \$3 UPGRADE CEASAR SALAD \$3 UPGRADE ONION RINGS \$2

<b>House</b> .....	\$15
Cheddar, Bacon, Caramelized onions	
<b>Multi Cheese Burger</b> .....	\$14.5
Mozzarella, Swiss, Cheddar Cheese	
<b>Banquet</b> .....	\$15
Bacon and Cheddar	
<b>Veggie</b> .....	\$12
Vegetarian based patty	
<b>3Eggs Veggie</b> .....	\$14
Caramelized onions, Sautéed mushrooms, Guacamole, Cheddar cheese	
<b>Plain Jane</b> .....	\$12.5
+ ADD CHEESE \$1.50 ADD BACON \$3	
<b>California Burger</b> .....	\$15.5
Mushroom, Caramelized onions, Swiss cheese, Guacamole	

# POUTINES

OUR POUTINES ARE MADE WITH REAL CANADIAN CHEESE CURDS, SERVED WITH VEGETARIAN GRAVY

<b>Traditional</b> .....	\$9.5
<b>3Eggs on FIRE</b> .....	\$12.5
Breaded chicken, Caramelized onions, Siracha sauce	
<b>The Cure</b> .....	\$12
Scrambled eggs, Double bacon, Maple syrup	
<b>The Vegetarian</b> .....	\$11.5
Tomato, Green pepper, Caramelized onions, Mushroom	
<b>Heart Attack</b> .....	\$14
Caramelized onions, Mushroom, Bacon, Sausage, Jalapeno, Spicy Mayo	

# LUNCH & DINNER MENU

AVAILABLE AFTER BRUNCH HOURS

<b>Quesadilla</b> .....	\$11
Cheese, Green Pepper, Tomato served with Sour Cream + ADD CHICKEN \$4 ADD STEAK \$5 ADD MUSHROOM \$2	
<b>Chicken Fingers &amp; Fries</b> .....	\$12
Served with four Chicken strips and Fries	
<b>Mac and Cheese</b> .....	\$13.5
Tossed in our special white sauce, sprinkled with Parmesan cheese and served with Garlic Bread + ADD BACON \$3 ADD CHICKEN \$4	
<b>Jambalaya Pasta</b> .....	\$19
Grilled chicken, Shrimp, Italian Sausage, Mushroom, Peppers, Jalapenos tossed in our Tomato and Basil sauce and Garlic bread	
<b>Pesto Pasta</b> .....	\$12
Spaghetti tossed in our special pesto sauce served with Garlic Bread + ADD CHICKEN \$4 ADD SHRIMP \$5 ADD SUN DRIED TOMATO \$2	



### **Fish and Chips**

Fresh fish dipped in our own special batter, Tartar sauce served with your choice of home fries or fries

+ *FRESH HALIBUT* \$18 *COD* \$15

### **12oz New York Steak** ..... \$19

Served with fresh vegetables and your choice of Mashed potatoes, Fries, Salad or Rice Pilaf

+ *Add Sautéed Mushrooms* \$3

### **Grilled Teriyaki Chicken** ..... \$17.5

Served with fresh vegetables and your choice of Mashed potatoes, Fries, Salad or Rice Pilaf

### **Grilled Salmon** ..... \$18

Served with your choice of Fries or Rice pilaf or Garden salad

### **Fajitas**

Peppers, onions served with four Tortillas accompanied with Tomato, Cheddar Cheese, Lettuce, Sour Cream, Salsa

+ *Add Veggie* \$11 *Grilled Eggplant, Zucchini, Mushrooms Add Steak* \$6 *Add Shrimp* \$5 *Add Chicken* \$4

### **Souvlaki**

All our Souvlaki dinners are served with your choice of souvlaki served with Rice pilaf, Roasted potatoes, Pita bread, Tzatziki sauce

+ *Chicken* \$16 *Lamb* \$19 *Pork* \$14 *Beef* \$18 *Veggie* \$15 *Grilled eggplant, Zucchini, Mushroom Peppers, Tomatoes, Red Onions*

### **Lamb chops** ..... \$20

Our authentic lamb chop meal is served with Rice pilaf, Roast potatoes, Grilled asparagus

## *CHILDREN'S PLAYGROUND*

ALL OUR KIDS MEALS ARE SERVED WITH FRESH FRUITS AND A KIDDY DRINK MUST BE 12 YEARS AND UNDER

### **Chicken Fingers & Fries** ..... \$9.5

Served with three chicken fingers and fries

### **Kiddy Breakfast** ..... \$9

Served with your choice of 2 Bacon or 1 Sausage or 1 Ham with two eggs, Home fries, Toast

<b>French Toast</b> .....	\$7
Two piece of egg loft sprinkled with Cinnamon powder and Icing sugar	
<b>Dollar Pancakes</b> .....	\$8.5
Sprinkled with icing sugar	
<b>Cheese Omelette</b> .....	\$7
Two Scrambled egg served with Toast, Home fries	
<b>Kiddy Burger &amp; Fries</b> .....	\$7
Home made beef burger topped with tomato, lettuce, pickle served with fries	
+ ADD CHEESE \$1	
<b>Kiddy Pasta</b> .....	\$8
Penne pasta tossed with your choice of sauce, (White or Red), sprinkled with Parmesan cheese and served with Garlic bread	
+ ADD CHICKEN \$2 ADD MUSHROOM OR BROCOLI \$1.5 ADD GROUND BEEF \$2	
<b>Kiddy Mac N Cheese</b> .....	\$7
Tossed in our special white sauce, sprinkled with Parmesan cheese and served with Garlic bread	
+ ADD CHICKEN \$2 ADD BACON \$2 ADD MUSHROOM OR BROCCOLI \$1.5	

## SIDE ORDERS

<b>Home fries</b> ....	\$4.5	<b>Turkey</b> .....	\$5.5	<b>Ham (4)</b> .....	\$5
<b>Sausage (3)</b> .....	\$5	<b>Sausage (3)</b>		<b>Peameal bacon</b>	\$6
<b>Chicken</b> .....	\$5.5	<b>Turkey Bacon</b> ...	\$6	<b>(3)</b>	
<b>Sausage (3)</b>		<b>(4)</b>		<b>Chicken Bacon</b> ..	\$6
<b>Tomato Slices</b> ...	\$4	<b>Kielbasa (1 Full)</b>	\$7	<b>(4)</b>	
<b>(6)</b>		<b>Onion Rings</b> ...	\$5.5	<b>Italian Sausage</b>	\$6
<b>Toast (2)</b> .....	\$2	<b>Sweet Potato</b>	\$5.5	<b>(1 Full)</b>	
Choice of White, Brown or Rye		<b>Fries</b>		<b>French Fries</b> ....	\$5
<b>Fiesta Sauce</b> ....	\$3	<b>Guacamole</b> .....	\$4	<b>Gravy</b> .....	\$3
<b>Egg</b> .....	\$2	<b>Parfait</b> .....	\$7	Vegetarian based gravy	
<b>Bacon (4)</b> .....	\$5.0	Plain yogurt, Granola, Sliced almonds, Mixed nuts, seasonal fruits		<b>3egg sauce</b> .....	\$3
				Mayo, Siracha	